

VISITING TEAM GUIDE

2011-12



Trent University
Department of Athletics & Recreation

Go Green!



Table of Contents

Department Contact Information	Page 1
Head Coaches	Page 2
Facility Expansion and Renewal	Page 3
Campus Map and Directions	Page 4
Athletics Complex Map	Page 5
Bus Parking	Page 5
Spectator Parking	Page 6
Visiting Team Arrival Information	
Arrival.....	Page 7
Locker Rooms	Page 7
Practice Times.....	Page 7
Tickets	Page 7
Media Relations.....	Page 7
On-Campus Services	
Food, ATM	Page 8
Emergency Contact Information & Medical Facilities	Page 9
Travel Information	
Hotels.....	Page 10
Restaurants.....	Page 10
Transportation	Page 11
Tourism	Page 11
Banks.....	Page 11
Spectator Code of Conduct	Page 12

Department Contact Information



All areas of the department can be reached through the Trent University switchboard at 705-748-1011, followed by the following extensions:

Main Athletics Complex Reception: ext. 1257

Main Office Fax: 705-748-1447

Bill Byrick Athletic Director	705-748-1252
Leslie Dalliday Assistant Director, Business Operations	705-748-1011 ext 7633
Kathryn Verhulst-Rogers Marketing & Communications Coordinator	705-748-1011 ext 7258
Blair Hough Sports Information Officer	705-748-1011 ext 6278
Jill Brown Administrative Assistant	705-748-1011 ext 7521
Julianna Stonehouse Fitness & Lifestyle Coordinator	705-748-1011 ext 6138
Doug Brown Maintenance Coordinator	705-748-1011 ext 7305
Melanie Sedge Coordinator, Camps & Campus Recreation	705-748-1011 ext 7631
Kate Pearce Assistant, Camps & Campus Recreation	705-748-1011 ext 7878
Jordan Lyall Aquatics Supervisor	705-748-1432
Lori Moloney Membership Services	705-748-1011 ext 7538

Mailing Address:

Department of Athletics and Recreation
1600 West Bank Drive
Peterborough ON K9J 7B8

Head Coaches



Cross-Country & Track and Field

Richard Borek..... richard_borek@hotmail.com

Curling

Steve Whitehill, Men..... swhitehill@cogeco.ca

Dave Farnell, Women..... farnelldavid@hotmail.com

Fencing

Dave French dfrench@trentu.ca

Men's Field Lacrosse

Jesse Thomas trentu_lax@hotmail.com

Rowing

Jacqui Cook jacquicook@gmail.com

Rugby

David McCully, Men trent_rugby_coach@hotmail.com

Nancy Marcotte, Women..... nancyjmarcotte@hotmail.com

Soccer

Stuart Robertson, Men robertson1402@hotmail.com

Joe Muldoon, Women..... jmuldoon@trentu.ca

Swimming

Sean Dwyer seandwyer@cogeco.ca

Volleyball

Joshua Neadow, Men..... joshuaneadow@trentu.ca

Pete Carter, Women cartsie@hotmail.com

Facility Expansion and Renewal



This is a very exciting time for Trent Athletics.

Trent University and the Excalibur varsity programs now have a new home; the ***Trent Community Sport and Recreation Centre***. This new, modern, state-of-the-art facility opened its doors in the fall of 2010 and services a significant community market as well as Trent's growing student population.



Highlights of the new and expanded facility include:

- | | |
|--|--------------------------|
| New Fitness Centre (12,000 sq. ft.) | Elevator |
| Indoor Climbing Wall | Team Change Room |
| Indoor Rowing/Paddling Tank | Multi-Purpose Rooms |
| Therapy Pool | Flexible Classroom Space |
| Sports Medicine Centre | Swimming Pool Retrofit |
| International Competitive Squash Court | Outdoor Pavilion |
| Family/Disabled Change Room | Bistro Café |

What's Happening Now:

The 2011-12 school year will mark the second year of operation for the sparkling facility in the north end of Peterborough. In addition to hosting Trent Excalibur varsity athletics and Trent University Campus Recreation, the TCSRC also plays host to numerous community sport and recreation groups, a world-class fitness facility, the Excalibrew Café and Trent Health in Motion, a state-of-the-art multi-disciplinary clinic.

Campus Map and Directions

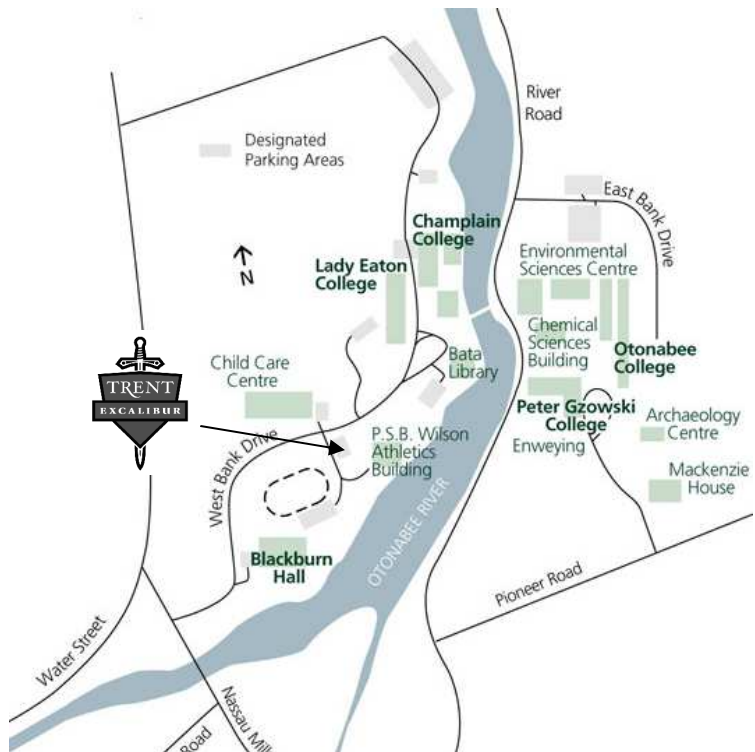


Symons Campus *1600 West Bank Drive, Peterborough, Ontario*

Directions:

From Toronto

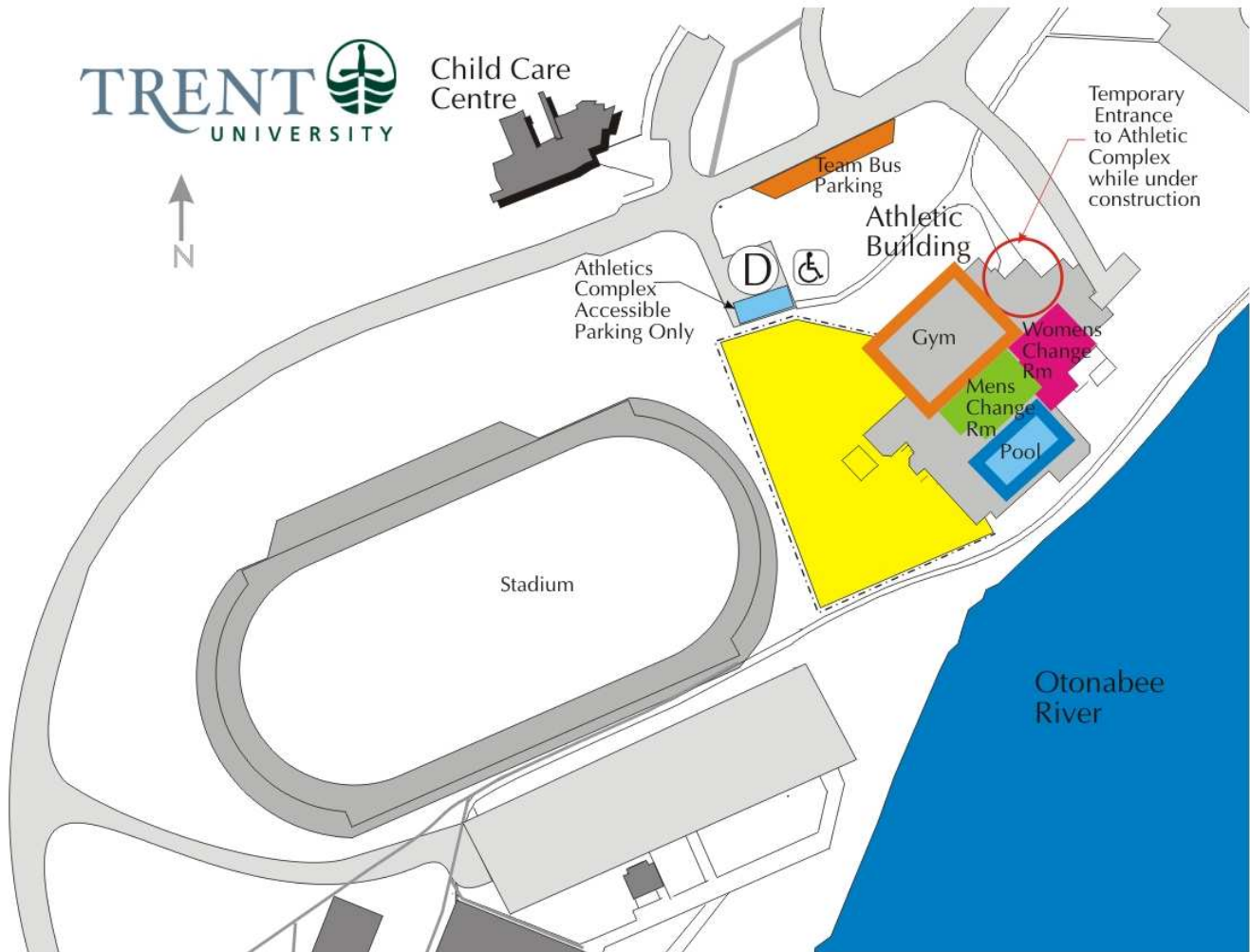
- ◆ Take Highway 401 east to Highway 35/115
- ◆ Follow Highway 115 north
- ◆ At Peterborough, exit at The Parkway
- ◆ Continue on The Parkway until it ends at Clonsilla Avenue
- ◆ Turn right (east) at Clonsilla Avenue
- ◆ Clonsilla Avenue will become Charlotte Street
- ◆ Follow Charlotte Street into downtown Peterborough
- ◆ Turn left (north) at Water Street immediately following the clock tower (Market Hall)
- ◆ Continue north on Water Street for 6.5km
- ◆ Turn right on Nassau Mills Road
- ◆ Turn left on West Bank Drive for the Athletics Complex.



From Ottawa

- ◆ Follow Highway 7 west (Lansdowne Street) to George Street
- ◆ Turn right (north) on George Street immediately following the Peterborough Memorial Centre
- ◆ Follow George Street as it turns right into Water Street at Sherbrooke Street
- ◆ Continue north on Water Street for approximately 7km
- ◆ Turn right on Nassau Mills Road
- ◆ Turn left on West Bank Drive for the Athletics Complex.

Athletics Complex Map



Bus Parking

Trent Athletics will enforce a **NO IDLING** policy when waiting at the PSB Wilson Athletic Centre. Buses may **PARK** in the **DESIGNATED AREAS ONLY**. Please park buses on the layaway area adjacent to the North Entrance of the Athletics Complex.

Spectator Parking



Visiting fans may park in Lot F (Blackburn Hall), Lot H (Bata Library) or Lot G (Lady Eaton College). For any questions or concerns, please contact the Campus Parking Access and Control Office:

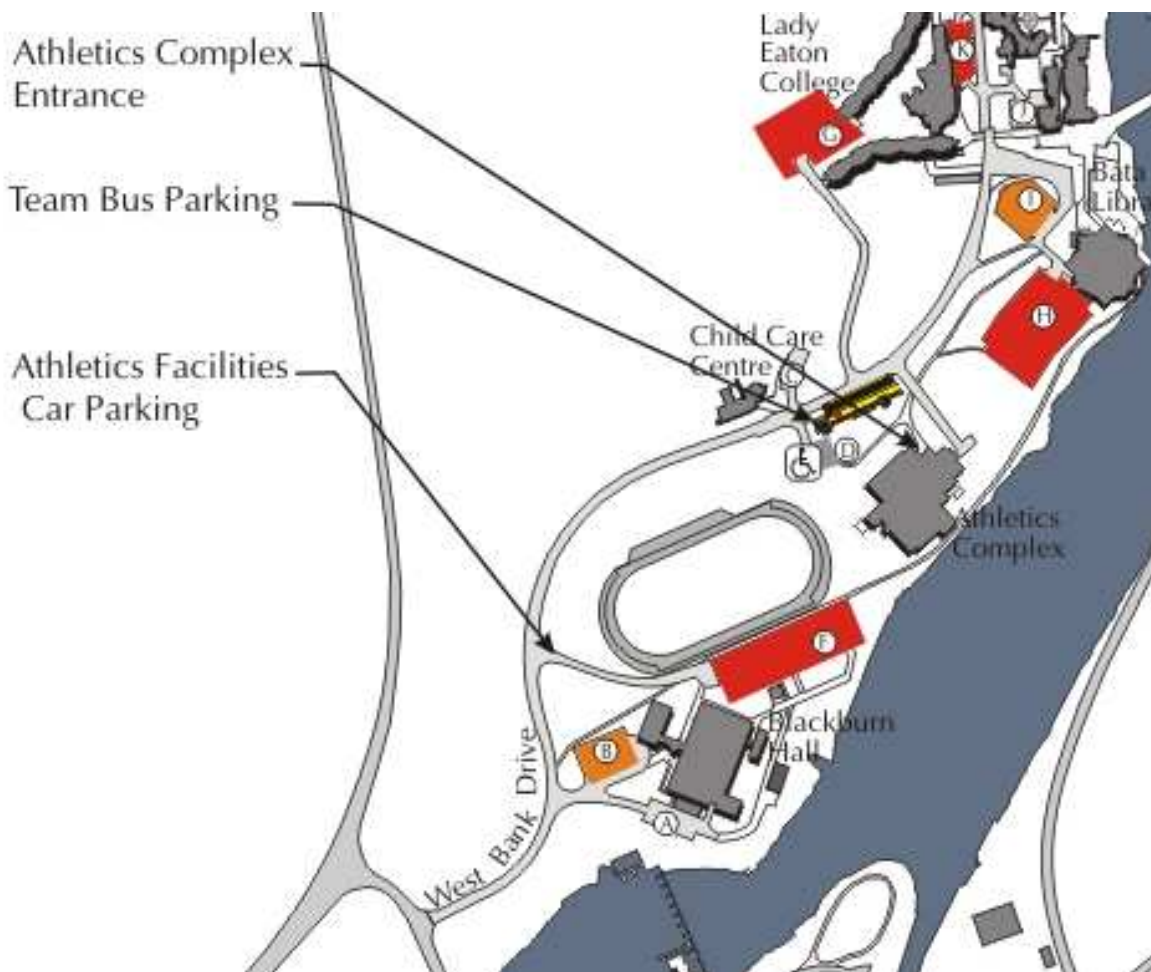
Blackburn Hall, Room 103
1600 West Bank Drive
(705) 748-1011, ext 7324
Office Hours: Monday to Friday (8:00am to 4:00pm)



Symons Campus Parking Map

Date: Feb.2009

- Legend
- Blue permit parking
 - Red permit parking
 - Green permit parking
 - Pay & Display parking
 - Pay & Display parking (with wheelchair icon)
 - Bus Parking



Locker Room Information

Arrival

Teams will enter the Athletics Complex through the main entrance at the south end of the building and check in with the Front Desk Staff.

Locker Rooms

The locker rooms are located down the stairs from the front desk, through the hallway to the right.

A set of towels will be made available for all visiting teams at the Front Desk.

Practice Times

If a visiting team requires practice times during their visit to Trent University, a request may be forwarded to Blair Hough, Sports Information Officer, at blairhough@trentu.ca.

If possible, please submit the booking request at least seven days prior to the event. Requests are not guaranteed, but arrangements will be made to best suit the team's needs.

Media Relations

Visiting media should present identification to gain access. Special requests should be made through Trent's Sports Information Officer, Blair Hough, at blairhough@trentu.ca. Limited analogue phones are located within the Athletic Complex upon request. Please note that internet access is wireless within the Complex.

On-Campus Services



Food Providers

Excalibrew Café

Located just past the Athletics Centre front desk, the Excalibrew Café offers delicious healthy fare. The café offers sandwiches, homemade soups and salads plus hot coffee, cold drinks and other snacks.

Stadium

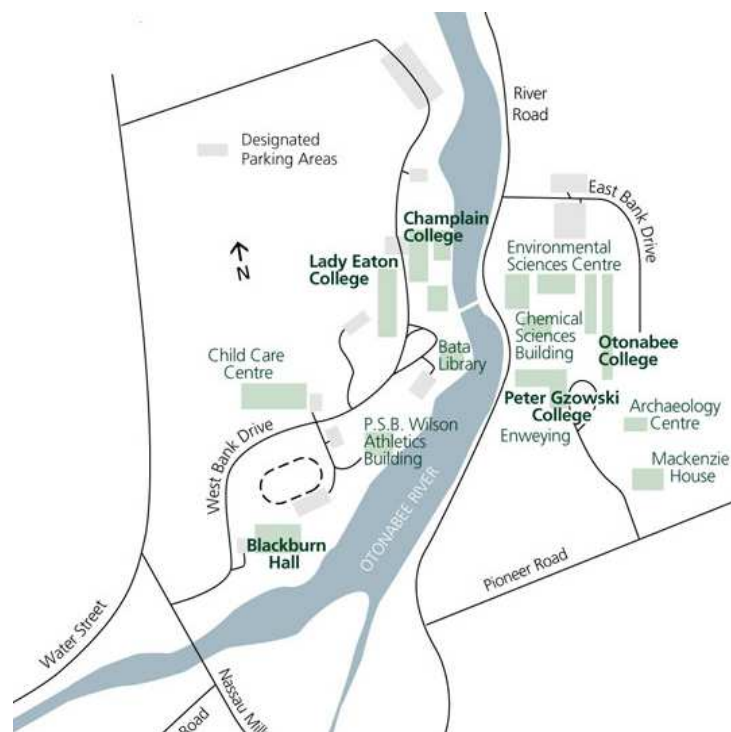
During several varsity events in Justin Chiu stadium, local eatery Johnny Eh's brings a chip truck, providing fans with mouth-watering fresh cut fries, plus hot and cold drinks.

Bata Library Tim Horton's

Follow the path adjacent to the Athletics Centre North up the stairs into the Bata Library to find the Tim Horton's.

ATM

Look for an ATM to be installed in the TCSRC building, to the west side of the front desk, near the Excalibrew Café. The installation should be complete in the early fall of 2011.



Emergency Contact Information



Emergency (Fire, Police, Ambulance)

9-911

Trent Campus Security

Emergency

(705) 748-1333

Non-Emergency

(705) 748-1328

Physiotherapy

Trent Health in Motion

(705) 741-4758

Medical Clinics

Peterborough Day Clinic

(705) 740-6880

26 Hospital Drive

Hospital

Peterborough Regional Health Centre

(705) 743-2121

1 Hospital Drive

Drug Stores

Rexall Drug Store

(705) 742-7616

1154 Chemong Road

Walmart Pharmacy

(705) 742-5566

1002 Chemong Road

Shopper's Drug Mart

(705) 745-2401

971 Chemong Road

Telehealth Ontario

(866) 797-0000

Poison Control

(800) 268-9017

*Please note that when dialing an outside line while on campus,
you must dial '9' before the number.*

Travel Information



Hotels

The Village Inn 39 Queen St., Lakefield, Ont.	(705) 652-1910
Best Western Otonabee Inn 84 Lansdowne Street East	(705) 742-3454 (800) 373-3454
Comfort Inn 1209 Lansdowne Street West	(705) 740-7000
Holiday Inn 150 George Street	(705) 743-1144 (877) 863-4780
Motel 6 133 Lansdowne Street East	(705) 748-0550 (800) 466-8356
Super 8 1257 Lansdowne Street West	(705) 876-8898 (866) 630-7666

Restaurants/Food

Boston Pizza 1164 Chemong Road	(705) 742-6464
Wild Wing 501 Towerhill Road	(705) 745-9464
McDonald's 1043 Chemong Road	(705) 740-2373
Little Caesar's 828 Chemong Road	(705) 749-9989
Kentucky Fried Chicken 786 Chemong Road	(705) 743-3333
The Night Kitchen Pizza 229 Hunter Street West	(705) 741-0300
Hi Tops Chinese 415 George Street North	(705) 745-5824
Tim Horton's 1527 Water Street	(705) 876-0342

Travel Information (Cont'd)



Transportation

Car & Truck Rentals

Enterprise Rent-a-Car

975 Clonsilla Avenue

(705) 748-2707

Bus

Coach Canada

791 Webber Avenue

(705) 748-6411

Taxis

Capital Taxi

(705) 742-4242

Call-a-Cab

(705) 745-2424

Tourism

Peterborough and the Kawartha Tourism

(705) 742-2201

1400 Crawford Drive

www.thekawarthas.net

Banks

Royal Bank of Canada

(705) 743-0545

806 Chemong Road

Scotiabank

(705) 749-0744

Portage Place, 1154 Chemong Road

CIBC

(705) 743-3573

399 George Street North

BMO Bank of Montreal

(705) 745-3201

130 Simcoe Street

TD Canada Trust

(705) 742-4530

1091 Chemong Road

Spectator Code of Conduct



Spectators should:

- ✦ Display good sportsmanship – Cheer 'FOR' and not 'AGAINST'
- ✦ Treat everyone with respect, including athletes, officials, event staff, and other spectators
- ✦ Refrain from the use of foul or profane language or gestures
- ✦ Possession of alcoholic beverages and/or intoxication is grounds for immediate ejection from the facility/grounds
- ✦ Violence or harassment in any form will not be tolerated and will result in immediate ejection from the facility/grounds
- ✦ Restrain from going onto the court or sidelines
- ✦ Dispose of garbage in appropriate containers around facility

ENJOY THE GAME!!!

*We look forward to having you as our guests!
Should you have any questions or concerns, please call (705) 748-1257*

