



The CCES is pleased to invite you to complete the True Sport Clean 101 e-learning course. The course can be completed in about 60 minutes. You can complete it in a single session or you may choose to exit at any time and return to where you left off when you next log in.

To access the course, go to the CCES Online Learning portal at <http://education.cces.ca>. At the login page, in the [New Users] section, select the [Register] button. You will be prompted for an activation code. Enter one of the following codes to be assigned the correct version of the course.

Full course (for first-year student-athletes):	D5DA0D86EA8953CC
Condensed course (for returning student-athletes):	209001E6E9EA8B68

You will then be asked to complete your user profile, including your first and last names, your sport, your gender, and your school (selected from one of the five region dropdowns). You also need to choose a username and password. When this is complete, the course will open to the home page.

During the course, you will be prompted to select which category of athlete you fall under for the purposes of anti-doping. CIS athletes will likely choose [Domestic Athletes] unless you are competing internationally.

Each content module concludes with a three-question quiz. You must score at least 66% or you must repeat the module.

At the end of the course, a printable certificate will be available from the portal. Your progress report will also be available to CIS and your athletic director.

This course requires a high-speed internet connection and a browser, either Internet Explorer or Mozilla Firefox. Pop-ups must be enabled. During the course, one short video requires the use of Quicktime, a free video player available for both Windows and Mac OS.

You can access the site <http://education.cces.ca> in English or in French by changing the language preference of your browser.

We hope that you enjoy the course and look forward to hearing your feedback. Should you have any questions or comments please do not hesitate to contact us at onlinelearning@cces.ca.

Sincerely,

Canadian Centre for Ethics in Sport
Canadian Interuniversity Sport