



## Welcome to the P.S.B Athletic Building Important Guidelines for Users

### ATHLETIC COMPLEX (AC)

- Please check in at the main entrance reception desk.
- All AC Facilities are non-smoking (indoor/outdoor).
- Remove cleats/rollerblades prior to entering facility.
- Wheelie shoes are not permitted within the AC.
- To book fields, and indoor facilities, go to [www.trentu.ca/athletics](http://www.trentu.ca/athletics) , select facilities and complete the online booking request form.
- To book the pool, call the Aquatics Supervisor at 748-1432 or email [aquatics@trentu.ca](mailto:aquatics@trentu.ca) .
- To ensure the safety of all patrons, please do not use the hallways and stairwells for running, exercising, or ball handling.

### ARTIFICIAL GRASS FIELD

- During bookings spectators/parents must remain off artificial grass field.
- Rugby shoes must be fitted with safety studs of 13mm or ½" or less
- Maximum cleat size 13mm or ½ " or less for all activities.
- Moulded soccer cleats are recommended.
- Nothing may be inserted into the turf (i.e. posts, poles, wickets).
- No smoking, pets, bicycles, or skateboards inside fenced area.
- Please use the bicycle racks located at the entrance to the AC.
- No gum or food on the artificial grass.
- Recreational running track is suitable for wheelchairs, walkers and rollerblades.
- Users must receive prior approval from the Athletic Department before bringing any portable nets or heavy equipment on the field (balls excluded).
- Softball/Baseball is not permitted.

### GYMNASIUM

- Clean, athletic footwear only.
- To check availability of open time in the gym for the current day or the next business day, please call 748-1483. These areas will be open on a "first come, first served" basis.
- During open time, the gym will be shared by many users.
- Please put away all equipment when you are done (i.e. nets, balls).

### MULTI-PURPOSE ROOM (MPR)

- Hard tap shoes, outdoor footwear, ceremonial or martial arts weapons/swords are strictly prohibited.
- All users must provide their own CD player if required.
- To check availability of open time in the MPR for the current day or the next business day, please call 748-1483. These areas will be open on a "first come, first served" basis.

## More Important Information

### PLEASE BE OUT ON TIME



All user groups are booked back to back to accommodate many users. Please show patience and understanding so we may show good service to all in setting up, tearing down and cleaning. All User Groups **MUST** be out of the reserved activity area five minutes prior to the end of the time on their contract.

### PARKING



Parking and related fees are the sole responsibility of the renter. Please do not park along roadways or driveways. Information concerning short-term and long-term passes can be obtained by contacting the Security and Parking Office at (705) 748-1328.

**Parking is free on weekdays after 11:00 pm and on weekends.**

Short term parking passes are available from the Parking and Security Office in Blackburn Hall.

To park between the hours of 8:00 am – 11:00 pm Monday to Friday, all users without parking passes of the facilities must use the *pay and display machines* which are located on the west bank in Lot D (Athletic Complex) Lot I (in front of Bata Library ) and Lot M (north of Lady Eaton College) to pay for a parking pass. *Please place the printed receipt in your car windshield on your dashboard and then park in any of the following lots:*

- Lot D (Athletic Complex)
- Lot G (Lady Eaton College)
- Lot H (Bata Library – just north of the Athletic Complex on right hand side of the road)
- Lot I (in front of Bata Library)

Buses must park in the parking lot in the North end of the Campus. Please do not park buses in the driveway or on the roadway leading to the main entrance of the Athletic Complex as this is a fire and emergency vehicle route.

### EMERGENCIES & FIRST AID



Our Athletic Complex staff are certified in First Aid and CPR. We respond to any and all injuries at all Athletic Complex facilities. Please let them know if you or any member of your group is injured or ill. We have oxygen and first aid supplies at the Reception Desk and on the pool deck. We have an automated external defibrillator (AED) located in the main lobby of the Athletic Complex. We have staff certified in the use of AED.